

Chun Moo Hapkido Belt Requirements

9th Gup Yellow Belt

1. The Bow, Dan Jun Breathing, Stretching, Basic warm up exercises.
2. Stances: Attention, Ready, Front, Back, Horse, Free fighting.
3. Break falls: Side fall, Back fall, Forward fall, (from knee then standing), forward roll both sides, rear roll up, self throw both side.
4. Strikes: Straight punch, Reverse punch, Pheonix Eye (middle knuckle), Inverted Fist, Leopard Paw, Palm Heel, Hammer Fist, Spear Hand, Elbow Strike, Tiger Mouth, Snake Fist (index knuckle).
5. Basic Blocks: High, Middle (inside/outside) Lower Forearm (inside / outside), Knife hand and closed fist.
6. Basic Korean Counting and Terminology.

8th Gup Orange Belt

1. Basic Wrist Grab Escapes
2. Wrist Grab Defense: Ji Ki (five)
3. Basic Kick: Front, Side, Back, Hook Kick, Roundhouse Kick, Crescent kick (inside and outside).

7th Gup Green Belt

1. Wrist Grab Defense: Dun Ji Ki (five)
2. Wrist Grab Defense: Gul Ki (five)
3. Basic Sparring Concepts

6th Gup Blue Belt

1. Punch Defense: Ji Ki (five)
2. Punch Defense: Dun Ji Ki (five)
3. Punch Defense: Gul Ki (five)
4. Intermediate Kicks (both sides): Spinning Hook Kick, Wheel Kick, Axe Kick, Shuffle Step Side Kick, Spinning Back Kick.

5th Gup Blue Belt / First Stripe

1. Lapel Grab Defense (Five)
2. Belt Grab Defense (Five)
3. Advanced Kicks (both sides):, Jumping Side Kick, Jumping Front Kick, Jumping Wheel Kick, Jump Spinning Back Kick, Spinning Crescent Kick, Spinning Low Wheel Kick, Jump Spinning Hook Kick.

4th Gup Blue Belt / Second Stripe

1. Front Grab Defense (Five)
2. Standing Choke Defense (Three)
3. Hair Grab defense (Five)
4. Standing Headlock Defense (Three)

3rd Gup Red Belt (4 Months)

1. Double Wrist Grab Defense (Five)
2. Rear Grab Defense (Five)
3. Defense From the Seated Position, Chair and Floor(Five)
4. Advanced Free Sparring Concepts

2nd Gup Red Belt / First Stripe

1. Defense Against the Throw (Five)
2. Knife Defense (Five)
3. Kick Defense (Five)

1st Gup Red Belt / Second Stripe

1. Finishing Techniques (10)
2. Short Stick Eight Block Pattern
3. Basic Short Stick Techniques (10)
4. Advanced Kick Defense (Five)

First Degree Black Belt (Cho Dun) (Three years total training minimum)

1. Candidate must be at least sixteen years of age.
2. Has assisted in teaching dojang classes.
3. Personal conduct reflects a mature attitude at all times.
4. Must have knowledge of Hapkido history.
5. Demonstrate complete mastery of all previous techniques.

Second Degree Black Belt (E Dun) (2 years after 1st degree)

1. Advanced Kick Defense (Five)
2. Combinations (Blending)
3. Knife Arts
4. Staff Arts (Five Foot Staff)
5. Must demonstrate any previous technique on examiner's request.

Third Degree Black Belt (Sam Dun) (3 years after 2nd degree)

1. Candidate must be an active instructor.
2. Basic Pressure Point Attacks.
3. Rope / Belt Arts.
4. Cane Arts.
5. Fan Arts (single / double).

Fourth Degree Black Belt (Sah Dun) (4 years after 3rd degree)

1. Candidate must be an active instructor.
2. Advanced Knowledge of Pressure Point Attacks.
3. Demonstrate defense against multiple opponents.
4. Must be able to answer detailed questions concerning lineage, the history of Hapkido, it's most notable masters. (Names and Dates)

Fifth Degree Black Belt, (O Dun) 1st Master Level (5 years after 4th degree)

1. Candidate must be an active instructor.
2. Demonstration: (Mastery of techniques against single opponent.)
3. Demonstration: (Mastery of techniques against multiple opponents.)
4. Demonstration: (Mastery of all Weapons)

Note: The Master demonstrations for the Fifth Degree Black Belt is choreographed in advance by the applicant and should usually last for at least fifteen minutes and should give a good representation of the applicant's mastery of the art. In Hapkido circles this is a mile stone event and is usually conducted in grand style in front of visiting dignitaries and the invited public, family and dojang members. Below is a typical program agenda for all master promotions fifth degree and above.

1. Speech from master of ceremonies. (This usually explains the virtues of the martial artist and his / her contributions to society and the community,
2. Introduction and awards presentation to any visiting civilian dignitaries.
3. Speech from the most significant of the dignitaries.
4. Dojang student demo. Usually group concert fashion is used. Example: Five student pairs demo selected techniques and board breaks.
5. Student awards presentation.
6. Dojang or Kwan Head Master's comments on what it means to become a master of the art and the responsibilities of a master.
7. Promotion of the Master
8. Master's demo.
9. Closing ceremonies.
10. Master's dinner.